READINGS 1ST SUNDAY OF LENT 9TH MARCH 2025

First Reading **Deuteronomy 26:4-10**

Moses spoke to the people: 'The priest shall take the basket from your hand and set it down before the altar of the Lord your God. And you shall make response before the Lord your God, "A wandering Aramean was my father. And he went down into Egypt and sojourned there, few in number, and there he became a nation, great, mighty, and populous. And the Egyptians treated us harshly and humiliated us and laid on us hard labour. Then we cried to the Lord, the God of our fathers, and the Lord heard our voice and saw our affliction, our toil, and our oppression. And the Lord brought us out of Egypt with a mighty hand and an outstretched arm, with great deeds of terror, with signs and wonders. And he brought us into this place and gave us this land, a land flowing with milk and honey. And behold, now I bring the first of the fruit of the ground, which you, O Lord, have given me." And you shall set it down before the Lord your God and worship before the Lord your God.'

The Word of the Lord

Thanks be to God

Responsorial Psalm

Be with me, O Lord, in my distress.

He who dwells in the shelter of the Most High,
and abides in the shade of the Almighty,
says to the Lord, 'My refuge,
my stronghold, my God in whom I trust!'

Be with me, O Lord, in my distress.

Upon you no evil shall fall,
no plague approach your tent.
For you has he commanded his angels
to keep you in all your ways.

Be with me, O Lord, in my distress.

They shall bear you upon their hands,
lest you strike your foot against a stone.
On the lion and the viper you will tread,

and trample the young lion and the serpent.

Be with me, O Lord, in my distress.

Since he clings to me in love, I will free him,
protect him, for he knows my name.
When he calls on me, I will answer him;
I will be with him in distress;
I will deliver him, and give him glory.

Be with me, O Lord, in my distress.

Second Reading **Romans 10:8-13**

Brothers and Sisters: What does Scripture say? 'The word is near you, in your mouth and in your heart' (that is, the word of faith that we proclaim); because, if you confess with your mouth that Jesus is Lord and believe in your heart that God raised him from the dead, you will be saved. For with the heart one believes and is justified, and with the mouth one confesses and is saved. For the Scripture says, 'Everyone who believes in him will not be put to shame.' For there is no distinction between Jew and Greek; for the same Lord is Lord of all, bestowing his riches on all who call on him. For, 'everyone who calls on the name of the Lord will be saved.'

The Word of the Lord

Thanks be to God

Gospel Acclamation

Glory and praise to you, O Christ.
One does not live by bread alone,
but by every word that comes forth from the mouth of God.
Glory and praise to you, O Christ.

Gospel **Luke 4:1-13**

At that time: Jesus, full of the Holy Spirit, returned from the Jordan and was led by the Spirit in the wilderness for forty days, being tempted by the devil. And he ate nothing during those days. And when they were over, he was hungry.

The devil said to him, ‘If you are the Son of God, command this stone to become bread.’ And Jesus answered him, ‘It is written, “Man shall not live by bread alone.” ’

And the devil took him up and showed him all the kingdoms of the world in a moment of time, and said to him, ‘To you I will give all this authority and their glory, for it has been delivered to me, and I give it to whom I will. If you, then, will worship me, it will all be yours.’ And Jesus answered him, ‘It is written, “You shall worship the Lord your God, and him only shall you serve.” ’

And he took him to Jerusalem and set him on the pinnacle of the temple and said to him, ‘If you are the Son of God, throw yourself down from here, for it is written, “He will command his angels concerning you, to guard you”, and “On their hands they will bear you up, lest you strike your foot against a stone.” ’ And Jesus answered him, ‘It is said, “You shall not put the Lord your God to the test.” ’

And when the devil had ended every temptation, he departed from him until an opportune time.

The Gospel of the Lord

Praise be to you Lord Jesus Christ